

Curriculum Vitae: **Michael R. F. Jabara, MD**



EDUCATIONAL DATA

Undergraduate:

Lansing Community College,
Lansing, Michigan 1990-1992
A.S. General Sciences Studies
Academic Honors Scholarship 1990-1992
Honors College Class Representative

Grand Valley State University,
Allendale, Michigan 1992-1994
B.S. Biomedical Sciences
Dean's List

Medical School

Wayne State University School of Medicine, Detroit, MI 1995-1999
Doctor of Medicine June 1999
AOA Honors Society
Class Vice President, 1995-1999
Member of Student Senate, 1995-1999

Residency:

Grand Rapids Orthopaedic Surgery Residency Program July, 1999-
Grand Rapids, MI (Spectrum Health) June, 2004

Fellowship:

Aspen Foundation for Sports Medicine, Education & Research, 2004-2005
Sports Medicine Fellowship - Aspen CO.
Fellowship emphasis on arthroscopic reconstruction of the shoulder, knee, and elbow; sports related trauma and fracture stabilization, prevention and treatment of athletic injuries.

CURRENT POSTION

10/2005 – Present Orthopaedic Associates of Michigan
Grand Rapids, MI

ASSOCIATIONS

Associate Clinical Professor, Michigan State University
Sports Medicine Director, Grand Rapids Orthopaedic Surgery Residency

TEAM PHYSICIAN/CONSULTANT

Revised 4-2021

Curriculum Vitae: Michael R. F. Jabara, MD

Grand Rapids Griffins, American Hockey League
Grand Rapids Drive, NBA Development League Basketball
Grand Rapids Rampage, Arena Football League
Hope College Hockey Team Orthopaedic Consultant
NCAA Regional Hockey Tournament, Regional Medical Director 2009, 2013
Forest Hills Northern High School
Zeeland West/East High School

HOSPITAL AFFILIATIONS

Metro Health Hospital
Spectrum Health Hospital

PROFESSIONAL SOCIETY MEMBERSHIPS

American Orthopedic Society for Sports Medicine
American Academy of Orthopedic Surgery
Mid America Orthopaedic Association
Michigan Orthopedic Society
Michigan Medical Society
Kent County Medical Society

BOARD CERTIFICATION

Re-Certification – American Board of Orthopaedic Surgery - 2017
Certification - American Board of Orthopaedic Surgery - 2007
Certification of Added Qualification, Orthopaedic Surgery Sports Medicine 2011

AWARDS

Teacher of the year—Grand Rapids Orthopaedic Residency Program, 2008-2009
Outstanding Graduate Medical Educator-Community Faculty—Grand Rapids Medical Education and Research Center, 2009

RESEARCH AND PUBLICATIONS

Curriculum Vitae: Michael R. F. Jabara, MD

O'Neil, Stephen, Jabara, Michael. Assessing PCL plus Popliteus Injuries. Journal of Orthopaedics. May-June 2019: 245-248.

Jabara M. Reply to the letter to the editor: is stability of the proximal tibiofibular joint important in the multiligament-injured knee? Clin Orthop Relat Res. 2014 Aug;472(8):2551.

Jabara M, Bradley J, Merrick M. Is stability of the Proximal Tibiofibular Joint Important in The Multi ligament-Injured Knee? Clin Orthop Relat Res. 2014 Mar 25.

Jabara M, William G Clancy Jr. Anatomic Arthroscopic Anterior Cruciate Ligament Reconstruction Using Bone-Patellar Tendon-Bone Autograft. Techniques in Orthopaedics. Patellar Tendon Autograft for ACL Reconstruction. 20(4):405-413, December 2005.

Steensma MR, M Jabara, JG Anderson, DR Bohay. Flexor Hallucis Longus Tendon Transfer for Hallux Claw Toe Deformity and Vertical Instability for the metatarsal phalangeal joint. Foot and Ankle International. 27(9): 689-92, September 2006.

Jabara, Michael, T. Matelic. Outpatient Shoulder Surgery Using a Pain Control Infusion Pump for Pain Control. Submitted for publication

Jabara, Michael, J. Anderson, D. Bohay, P. Fortin. Resection with Concomitant Foot Realignment for Flat Feet with Associated Tarsal Coalition. Submitted for publication.

Jabara, Michael, T. Higginbotham, M. Meyer, NL Harris. Adult Tibial Spine Fractures: A Review of Thirty-six Cases and Proposed Classification Utilizing Magnetic Resonance Imaging. Submitted for AOSSM meeting, 2004.

Sub Investigator for the following studies:

Trial to Evaluate Ultrasound in the Treatment of Tibial Fractures (TRUST)

Fluid Lavage of Open Wounds (FLOW): A multi-center, Blinded, Factorial Trial Comparing Alternative Irrigating Solutions and pressures in Patients with Open Fractures.

Fixation Using Alternative Implants for the treatment of Hip Fractures: A multi-center Randomized Trial Comparing Sliding Hip Screws and Cancellous Screws on Revision Surgery Rates and Quality of Life in the Treatment of Femoral Neck Fractures (FAITH)

PRESENTATIONS

Curriculum Vitae: Michael R. F. Jabara, MD

ISAKOS (International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine)

- Smoking and its effects on clinical outcomes of multiligament knee injuries-Poster, May 2019
- Assessing incidence of PCL Plus Popliteus Injuries-Poster, May 2019

AAOS Annual Meeting

- Proximal Tib/Fib joint Instability in the Setting of a Multi-ligamentous knee injury, March 2013

ESSKA, Annual Meeting, London England

- Proximal Tib/Fib Joint Instability in Multi-ligament Injured Knee, Oct 2012

AO North America, Orland, FL

- Proximal Tib/Fib Joint Instability in Multi-ligament Injured Knee, Feb 2012

Mid America Orthopedic Association

- Patient factors, injury patterns, physical examination and complications are unable to reliably predict heterotopic ossification following multiligament knee injuries-poster. San Antonio, Texas 2018
- Outcomes of Operatively Treated High Energy Knee Dislocations, April 2010

Grand Rounds, Grand Rapids Orthopaedic Surgery Residency

- ACL reconstruction—femoral tunnel creation. Point counterpoint panel debate, May 2018
- Assessing factors of developing heterotopic ossification in multiligament knee injuries, GRMEP 2017
- Nonsurgical sports medicine management, May 2013
- Posterolateral Corner of the knee, May 2011
- Moderator, Lab instructor, Anatomic ACL reconstruction, May 2011
- Common Tendinopathies of the Elbow, May 2010
- Arthroscopy Skills Lab, labral repair, May 2010
- Soft Tissue Bristow Reconstruction For Shoulder Instability—September 2009
- High Energy Knee Dislocations—April 2007
- Multiligamentous Knee Injuries—Part II, April 2006
- Multiligamentous Knee Injuries—Part I, February 2006
- ACL injuries in the skeletally immature patient, June 2004
- PCL reconstruction, January 2004
- Flexor Tendon Injuries and Treatment, April 2003
- Kyphosis, March 2003
- Orthopedic In-Training Examination Review—Trauma, October 2002
- Proximal Humerus Fractures, September 2002
- Pediatric Irritable Hip, June 2002

Curriculum Vitae: Michael R. F. Jabara, MD

PRESENTATIONS (Continued)

- Neuromuscular Scoliosis, March 2002
- Glenohumeral Instability, December 2001
- Basic Science Series—Muscle, February 2001

Grand Rapids Orthopedic Alumni Conference

- Case Presentations, June 2011
- Anatomic ACL reconstruction, June 2005
- Soft-tissue Bristow Procedure for shoulder instability, June 2005

Aspen Sports Medicine Fellowship Grand Rounds

- High Energy Knee Dislocations—February 2009
- Meniscus repair using autologous platelet gel-rabbit model, July 2005
- “Resident’s Ridge” anatomy, CT study on cadaveric knees, July 2005
- Anatomic ACL reconstruction, July 2005
- ACL injury prevention techniques, April 2005
- ACL injuries in the skeletally immature patient, November 2004

Aspen Foundation for Sports Medicine, Fellows Conference

- High Energy Multiligament Knee Injuries, February 2010
- Haiti Orthopedic Experience, February 2010

Michigan Orthopaedic Society, Annual Meeting

- Proximal Tib/fib Joint instability in the Multi-ligament injured knee, Mackinac Island, June 2011
- Multiligament Knee Injuries. Mackinac Island, 2010
- Resection with Concomitant Foot Realignment for Flat Feet with Associated Tarsal Coalition, June 2002
- Outpatient Shoulder Surgery Using a Pain Control Infusion Pump for Pain Control, June 2001

Grand Rapids Education and Research Center, Research Day

- Proximal Tib/fib joint Instability in Multiligament Knee Injuries, April 2011
- Operative Outcome of High Energy Knee Dislocations, April 2010
- Outpatient Shoulder Surgery Using a Pain Control Infusion Pump for Pain Control, June 2001

American Orthopedic Foot and Ankle Society

- Resection with Concomitant Foot Realignment for Flat Feet with Associated Tarsal Coalition, Annual Meeting, Hilton Head, SC 2003

Kaiser Sports Fellowship Program, California

- Posterolateral Corner Injuries, April 2011
- Knee Reconstruction Skills Lab-Master Faculty, April 2011
- Treatment of Multiligament Knee Injuries, May 2010
- Operative Approach to Knee Reconstruction, Skills Lab-Master Faculty, May 2

Curriculum Vitae: Michael R. F. Jabara, MD

PRESENTATIONS (Continued)

Grand Valley State University

- Common on field injuries, knee/shoulder. Athletic trainer statewide meeting, 2019
- Current Concepts in ACL reconstruction, Mar 2015, 2016,2017,2019
- Multiligament Knee Injuries, Mar 2015, 2016,2017,2019
- Basics of ACL reconstruction and rehab, Mar 2014
- Multiligament Knee Injuries, Mar 2014
- ACL reconstruction—a surgeons perspective, Mar 2013